

***Examination of the Stressors in Childcare Training: By Retrospective Methods of the Negative Experience***

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**Abstract**

Many students express the difficulty and stressfulness of childcare training. Therefore it was necessary to check childcare training work whether they feel a sense of burden and difficulty in any respect. The purpose of this study, we analysed the negative experiences from the survey questionnaires' review of the childcare training of students. 72 students were given the questionnaire. In the survey were asked to answer state the negative experiences they have had from childcare training. This research was analysed the text mining of the negative experience from the questionnaire. The text mining was turned out that the keyword "diaries", "name-calling", and "children" are the hidden background for the word "hard" which is the word with most frequently appearance. For "diary", the importance of which will provide guidance with an emphasis on meaning to write a previously recorded to teaching how to write a diary revealed. In addition, it has resulted in poor quality of childcare was seen in the background of the "name-calling". Consideration that caregivers the opportunity of training various, as well as review the wages and working hours, we will fix as soon as possible to the work environment that is able to continue to work, even after birth and marriage is one of the most important issues. The relationship between the words "children" and "hard" were due to lack of childcare and advance technology preparation facing the practice.

## I .Purpose

It seems that most students struggle at the time of their second childcare training, due to looking back at their first childcare training and predicting their next. Therefore, in order to make childcare training effective, it is necessary to consider whether the students feel sense of burden and difficulty in any respect.

## II . Methods

### 1. Research time and Target

The subjects were 72 Japanese university students (6 males, 66 females, mean age  $20.44 \pm 0.50$ ). In December of 2013, they were asked to answer a questionnaire which contained questions about the negative experience of childcare training. This research considered by analyzing the text mining of the negative experiences of childcare training from the questionnaire.

### 2. Survey content

#### (1) Basic attributes

The basic attributes of those surveyed, gender, age and grade.

#### (2)Negative experiences in childcare training

Those who stated they have had negative experiences were specifically also describe their experience the questions were as follows:

①Were there any unpleasant experience during the childcare training?

②Were there any serious problems? If there was describe what made it difficult to understand the training.

### 3. Investigative method

Students who have completed the childcare training for the first time were asked to look back on the events and describe their experiences. The questionnaire was given the students during the class period. The students were given 15-20minutues to complete the survey. After completing the survey, the questionnaire was collected and analyzed.

### 4. Methods of analysis

With respect to the data obtained from the free description, the analysis was performed using a text mining technique.

## III .Results

### 1. Extraction of the word by morphological analysis

In order to study the free description of negative experiences in childcare training, the following analysis was made.

Table 1 The number of times of an appearance of language

	junior college	university	total	( % )
hard	24	6	30	41.67
children	15	14	29	40.28
diary	16	12	28	38.89
write	10	7	17	23.61
say	6	5	11	15.28
teacher	2	7	9	12.50
myself	5	3	8	11.11
understand	2	6	8	11.11
Childcare worker 4		4	8	11.11

## 2. Analysis of Extraction of negative experience

In order to embody the negative experience in childcare training, the following analysis was made.

Table 2 Negative experience

	junior college	university	total	( % )
diary + write	6	6	12	16.67
Name-calling +say	1	3	4	5.56
everyday + diary	0	3	3	4.17
dairy + hard	2	1	3	4.17
time + too much	2	1	3	4.17

## IV.Conclusion

### 1. Negative experience "diary"

The word that appeared most from the experiences is "hard" (41.67%), and "writing + diary " (16.67%) was used most often to explain the negative experiences of the training. The results reveal that many students have a feeling of difficulty associated with the diary. In addition, from the results of "daily + diary" (4.17%) and "hard +diary" (4.17%) and "time + take" (4.17%), it can be understood that it takes time to write a diary. It is revealed from the above results that the students have a negative

experience with the diary. Looking at students who aren't used to writing in journals anyway, it can be assumed the being forced to write is difficult. Also, it is important to express in an understandable way the exchanges between the students and the children and the feelings of the children.

It can be inferred that consideration and thanks given to those who have written a training diary is low. Therefore, it is necessary to continually explain the purpose behind keeping a diary, before the students begin writing the diary. It was found that this is the reason behind some of the students' negative feelings toward the childcare training.

## 2. Negative experience "name-calling "

In the free description, it cites that "the caregivers speak ill of each other", "speak ill of the child", "speak ill of the parent" is referred to as "speak ill of other apprentices ". In addition, the words that appeared most from the free description of the negative experiences was "hard" (41.67%). In previous studies, it is revealed that human nature is important in the child care field. In other words, it can be said that to enhance the humanity of its own is the essential nursery involved in the growth and development of children. In order to enhance the qualities required as a nursery, that the nursery themselves looking back on childcare, and improvements are necessary. Therefore, it is presumed to lead to the reduction of that that you go through self-study and training opportunities will say bad things about. It has resulted in poor quality of childcare was seen in the background of the "name-calling". That the caregiver is consideration to receive the opportunity of training various, as well as review the wages and working hours, we will fix as soon as possible to the work environment that is able to continue to work, even after birth and marriage is one of the most important issues.

## 3. Negative experience "children"

In free description of the negative experience, words that appeared most often was "hard" (41.67%). "Children" (40.28%) were the words that appeared in the second greatest number. For instance, "I can't memorize the name of the children", "children are not concentrated at the time of story-telling", "children come to a violent relationship" etc. "Children" was a frequent word of negative experience. Therefore, that there is a difficulty in the relationship with the child is found to apprentice. In particular, it is accompanied by difficulty in performing group nursing revealed. Choosing a child care teaching materials in consideration of the age is important, child care teaching materials to attract the child is required. Choosing a simple thing without interest of children is high and is an important nursery materials. In order to perform the nursery group, accumulation of experience of many of childcare practice is required. It is less opportunity is at present able to gain experience in front of the children of actual practice. The relationship between the "children" and "hard" were due to lack of childcare and advance technology preparation facing the practice. Many trainees expressed that one difficulty in the training was poor communication, with caused the trainees to lose confidence. Therefore, students are given the opportunity to practice childcare methods with actual children. They can build a relationship with the child, and because they are in contact with the children, they can learn to care for them, and strive to understand the feelings of each individual child, which is important. In order to understand the children, there is a need to continue teaching about the importance of having an attitude to learn from children.